

# 4-H Photography Monday

## Week 3 Challenge

### Lighting

The word photography means “drawing with light”

Practice taking outdoor photos of the same scene or subject through different times of day to see how the light changes the way your photo or subject looks

- Quality of natural light from the sun depends on the time of day and the weather
- Morning light is softer and more yellow
- Evening light can be more golden
- Mid-day light can be harsh and strong

In lighting with strong shadows, practice using a reflector to fill in shadows on your subject

- You can buy a reflector made for photographers or use a white poster board to reflect light onto your subject

Practice taking indoor photos without using the flash

- Put your subject near a window
- Turn on all the lights
- Put the subject by a lamp



Questions to think about:

How did taking photos at different times of day change the look of your scene or subject?

What is the hardest part about using a reflector?

When using a reflector, it is much easier to have someone assist in holding the reflector so you can focus on taking the photos. What are other situations when having someone help you makes it easier? How are you helpful to others?