

Geary County 4-H NEWS



A Newsletter for 4-H Families and Volunteers

October 2024



4-H Enrollment

Online enrollment continues for the 2024-25 4-H year. The system is open (and we believe working correctly now) at https://v2.4honline.com/. Enrollment instructions were sent via email on October 1. While we were told that our coupon code would remain the same for this year, it has changed. An updated instructions document is included with the newsletter email and is available at http://www.geary.k-state.edu/4-h/forms.html. A current project list is attached. The Geary County 4-H Foundation will pay the \$15 enrollment fee for all Geary County 4-H members (there is no fee for Cloverbuds). You will need to input the coupon code EJTUVE. If you pay the fee by credit card or check, you will not be reimbursed. Adult volunteers are encouraged to enroll now as well (instructions are available at the above website).

Enrollment Deadline for Foundation Scholarship Support

The Geary County 4-H Foundation has set an enrollment deadline of January 1 in order to receive scholarship funding from the foundation for the current 4-H year. Please make sure 4-H members are enrolled by January 1 in order to receive any event scholarship funds (including 4-H Camp) and/or post-secondary education scholarships made available by the foundation.

Greater Geary
Community Foundation
Match Day

The Geary County 4-H Foundation is participating in the Greater Geary Community Foundation Match Day on October 15th. A flyer is included with this newsletter to tell you more. Please consider giving to the foundation and growing your donation through this event!

Officer Training

4-H Officer Training has been scheduled for **Tuesday, November 12** at 6:30pm at Pottorf Hall on the Riley County Fairgrounds in Manhattan. This will be a multi-county training with Riley County. All club officers should mark this on their calendars and plan to attend.

Achievement Celebration

The Achievement Celebration has been set for the evening of Saturday, November 2 at the 4-H/Senior Citizens Center. It will begin at 6:00pm with a potluck supper. Each family is asked to bring a main dish AND side dish or dessert. Table service and drinks will be provided. Hope to see you there to celebrate the end of another great 4-H year!

Achievement Celebration Set-up

Set-up for Achievement Celebration will be held on November 2 at 1:00pm at the 4-H/Senior Citizens Center. All help is greatly appreciated!

4-H Age Requirements

Kansas 4-H policy states that youth must be 7 years old before January 1 of a given year to join 4-H. This means that youth who are 7 years old by January 1, 2025 will be able to join 4-H as full members for the current 4-H year. All youth who turn 7 after January 1 will be able to join as Cloverbud members, but will have to wait until the next year to join 4-H as full members. The age for Cloverbud members is 5 or 6 as of January 1, 2025.

4-H Day

4-H Council has chosen Saturday, February 8 for Geary County 4-H Club Day. Please mark this date on your calendars and look for further information and entry materials in the December 4-H Newsletter.

Fair Premium Checks

Do you have a premium check from the fair that you haven't cashed or deposited? If so, please take care of it as soon as possible. This helps us with bookkeeping and also makes sure the check is still good.

Foundation Fundraiser Help Needed

The 4-H Foundation is requesting help from 4-H members to set up for and serve drinks at the Bingo/Soup Supper event planned for November 10. Set up helpers will need to arrive at the 4-H Building on that day at 4:00pm and servers will need to arrive by 5:15pm. Please consider helping and contact the Extension Office at 785-238-4161 or email gkopfer@ksu.edu if you will be available. 4-H members have directly benefitted from the 4-H Foundation paying the program fee and half of the fee for attendance at camps and conferences as well as benefitting in other ways. Think about giving back by helping with this event!

4-H Council Officers

The first 4-H Council meeting of the year was held on October 7. Congratulations to these 4-H members who were elected as officers:

President – Hanna Miller Vice President – Shevy Olson Secretary – Eloise Ryan Treasurer – Addy Snider Reporter – Hadley Gfeller

4-H Council Committees

These are the 4-H Council Committees for 2024-2025. If you are interested in joining any of these committees, please call the Extension Office. Any help would be appreciated and could fulfill a requirement on your Achievement Pin Application!

-Fair BBO -Public Revue -Fair Board

-4-H Day -Finance -National 4-H Week

-Achievement Celebration

Thanks to all of the adults who participated in record book judging. Your help is greatly appreciated! The volunteers who helped to judge were:

Blue LineHumboldtJim SchmidtJennifer GibsonSarah SchmidtMarcie ProiettiLindsey SniderKevin Shane

Clarks CreekLyon CreekAmy BlockcolskyMarjaul FerrisJoanna ErichsenStephanie GfellerDeb GustafsonPam MillerShelbi GustafsonLara StraussNoelle OlsonMarti Williams

Record Book Judging Thanks!

Kansas Youth Leadership Forum

Photo Shutterbugs Workshop

Clovia Hospitality Weekend

The Kansas Youth Leadership Forum is an exciting event for youth 14-18 years old as of January 1, 2025. This event will be held at Rock Springs, November 23-24. Highlights of the forum will be inspirational speakers, workshops, and meeting new people. Contact the Extension Office or visit h.org/events-activities/conferences-events/kansas-youth-leadership-forum/index.html for more information and to register online. Registration will be open soon and is due October 15 with a cost of \$215. The Geary County 4-H Foundation will pay half of the fee for Geary County 4-H members who complete a scholarship request form that is available at the Extension Office or online at http://www.geary.k-state.edu/4-h/forms.html.

This workshop is open to all 4-H members, parents, and volunteers. The event will be held in Hays on October 26. Registration begins at 9:00am with the event starting at 9:30am. A Live Well, Lead Well session will be held in the afternoon. More information about that is included below. If staying for both events, cost for lunch is \$3. Pre-register at https://kstate.qualtrics.com/jfe/form/SV_6tHQrM4iZhs6Pki by October 22.

Planning to attend K-State? Don't want to live in the dorms? Visit Alpha of Clovia to learn about their house and sisterhood at hospitality weekend on November 9-10. Visit https://www.alphaofclovia.org/new-membership/hospweekend.html for more information. Registration is due October 23.

Live Well, Lead Well: Strong Minds, Active Hearts, Helping Hands, & Healthy Lives

Kansas Youth Virtual Entrepreneurship Challenge

Calendar of Events

October is health literacy month and what a great time to focus on our individual health. Youth 7-18 years of age are asked to join us for an exciting afternoon (1 p.m. – 5 p.m.) packed with interactive, hands-on activities designed to help you build a Strong Mind, Active Heart, Helping Hands, and Healthy Lifestyles. Discover the benefits of staying active and learn simple breathing techniques, energize your heart learning the importance of resting and active heart rates, experience the joy of helping others and making a difference, and embrace a healthy life through nutritious food choices and how they impact your well-being. Receive valuable tools to continue your healthy living journey in your home community to inspire others to live healthier lives. All participants, youth and adults, will need to register and indicate if they will be coming for lunch. The cost will be \$3 per person. On October 26, 2024 the event will be held in Hays (in conjunction with 4-H Shutterbugs). Register online at https://kstate.qualtrics.com/jfe/form/SV_6tHQrM4iZhs6Pki by October 22.

The Kansas Youth Virtual Entrepreneurship Challenge is a state-wide virtual business pitch competition with categories for elementary, middle, and high school students. Participants pitch a business idea in a 3 to 5-minute video for a chance to win cash prizes! Competition opened September 1 and submissions are due October 26. Judging will take place from October 28 to November 4 with winners announced on November 6. This event is about innovation, creativity and just having a good time. Click on "Register Here" at the following link for additional competition details, example videos from previous winners, and registration information:

<u>https://www.campdestinationinnovation.com/kyvec</u>. Feel free to email <u>campdiwichita@gmail.com</u> with any questions.

October

- 6-12 National 4-H Week
- 12-13 48 Hours of 4-H Service Weekend
 - 15 KYLF Registration deadline
 - 15 Geary Community Foundation Match Day (support the Geary County 4-H Foundation https://www.gearymatchday.com/)
- 19-20 4-H Dog Conference @ Rock Springs
 - 22 Pre-registration for Shutterbugs and Live Well, Lead Well in Hays due
 - 26 Shutterbugs and Live Well, Lead Well in Hays
 - 26 Virtual Entrepreneurship Challenge entries due
 - 30 Trunk or Treat at Rock Springs Ranch (see attached flyer)

November

- 2 Achievement Celebration setup, 1pm @ 4-H/Senior Citizens Center
- 2 Achievement Celebration, 6pm @ 4-H/Senior Citizens Center
- 10 4-H Foundation Bingo/Soup Supper set-up @ 4-H Building 4pm
- 10 4-H Foundation Bingo/Soup Supper @ 4-H Building 5:30pm
- 12 4-H Officer Training, 6:30pm @ Pottorf Hall in Manhattan
- 23-24 Kansas Youth Leadership Forum, Rock Springs
 - 26 Ambassador Meeting, 6:30pm at 4-H/Senior Citizens Center

December

2 4-H Project Meeting Evening, 6:30pm

January

1 Enrollment deadline to receive support from the 4-H Foundation



K-State Research and Extension Geary County

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October 11, 2024

Welcome to a new 4-H year! I'm so glad that you have chosen to be a part of the 4-H program in Geary County. Now is a great time to make goals for your 4-H projects and your 4-H year in general. Included with this newsletter is a sheet about setting project goals that was created for Kansas 4-H and should help you to set some great goals which will help you to achieve what you want. Best wishes as you set your goals for 4-H this year!

Ginger D. Kopfer County Extension Agent



K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means for communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact Ginger Kopfer four weeks prior to the start of the event at gkopfer@ksu.edu or 785-238-4161. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information will be provided free of charge to limited English proficient individuals upon request.



Geary County 4-H Projects 2024 - 2025

AEROSPACE/ ROCKETRY

AG MECHANICS WELDING

AGRONOMY

ASTRONOMY

BEEF

BUCKET CALF

(for youth ages 7 to 12 only)

BUILDING BLOCK ENGINEERING

CIVIC ENGAGEMENT

CLOVERBUDS

(for youth ages 5 & 6 only)

COMMUNICATIONS

COMPUTER SCIENCE

DAIRY CATTLE

DAIRY GOATS

DOG

ELECTRIC & RENEWABLE

ENERGY

ENTOMOLOGY

ENVIRONMENTAL

SCIENCE

Exploring Your Environment

Water

FAMILY STUDIES

Child Development Consumer Skills

Family

FIBER ARTS

Crochet Ethnic Arts Knitting Macrame

Patchwork and Quilting

Rug Making Spinning Weaving

Needle Arts

FOODS AND NUTRITION

FORESTRY

GEOLOGY

HEALTH & WELLNESS

Bicycle

Health/Fitness
Outdoor Adventures

Recreation

HORSE

HORTICULTURE & LANDSCAPE DESIGN

Floriculture Horticulture

INTERIOR DESIGN &

ARCHITECTURE

LEADERSHIP

MEAT GOATS

PERFORMING ARTS

PETS Cat

Pets

PHOTOGRAPHY

POULTRY

RABBITS

READING ADVENTURES

ROBOTICS

SELF-DETERMINED

SEWING & TEXTILE

DESIGN

SHEEP

SHOOTING SPORTS

(Based on availability of certified instructors)

BB Shotgun

SHOPPING IN STYLE

SMALL ENGINES

SWINE

UNCREWED AIRCRAFT

SYSTEMS

VETERINARY SCIENCE

VISUAL ARTS

WILDLIFE

Sport Fishing

Wildlife

WOODWORKING

2024 Geary Community Match Day Donation F DONOR NAME(S)	For Office Use Only: Check #:				
	Cash Receipt: Credit Card:				
Check here to remain anonymous, no information shared with participating funds:					
TREET ADDRESS	CITY/ST/ZIP				
*EMAIL					
Indicate e-mail address above to receive an electronic gift acknowled	gment for tax purposes. We do not share	e-mail addresses.			
Please write donation amount on line next to each organization up to a maximum of \$7,500 in matching funds					
Agingwell, Inc. Big Brothers Big Sister Black History Trail-Geary County Boy Scouts of America - Konza District Coronado Area Council C. L. Hoover Opera House CASA of the 8th Judicial District Church of the Covenant Endowment Crisis Center, Inc. Danger FC Delivering Change, Inc. Disaster Recovery Fund-Geary County Dorothy Bramlage Public Library Foundation First Baptist Church First Presbyterian Church First Presbyterian Church Endowment Fund First United Methodist Church Flint Hills Regional Council Fresh Start Community Shelter (fka The Open Door) Friends of the Animals Geary Community Healthcare Foundation Geary Community Schools Foundation Geary County 4-H Foundation Fund Geary County 4-H Senior Citizen Center Geary County Fish & Game Association, Inc Geary County Historical Society Endowment Fund Geary County Senior Citizens, Inc.	Greater Geary Community Highland Cemetery Associated. I.C.A.R.E. Intergeneration Immanuel Lutheran Church Junction City Arts Counci Junction City Breakfast Of Junction City Community Club/JC Brigade Junction City Family YMC Junction City Little Theate Junction City Little Theate Junction City Wrestling Club Live Well Geary County, In Milford Friends Group North Central Flint Hills A Geary County Fund Packages for Warriors-Hea Pawnee Mental Health Ser Pilot Club of Junction City Play JC Quality of Play For All St. Francis Xavier Parish F St. Francis Xavier School F St. Paul's Lutheran Church Stormont Vail Foundation United Way of Junction City	y Foundation Fund y Grants Fund iation al Center ch l potimist Club Baseball CA Inc. or r Foundation, Inc. his Club Fund lub Health Center hc. Area Agency on Aging arts of America evices, Inc. oundation Gund Geary Fund			
SUB-TOTAL (Row 1)	SUB-TOTAL (Row 2))			

- Complete & return at Match Day event on Tuesday, October 15 at the Junction City Municipal Building, from 7 AM 5:30 PM
- Mail form with check made out to GGCF to P.O. Box 411, Junction City, KS 66441, postmarked by 10/15, received by 10/18.
- Visit GearyMatchDay.com to complete your donation between 12:00 AM and 11:59 PM on 10/15.



SOUP SUPPER



4-H/SENIOR CITIZENS CENTER 1025 S. SPRING VALLEY ROAD, JUNCTION CITY

Name: Club: Year:

Now that you have selected your 4-H projects for the year, it is important to plan out what you would like to learn and accomplish. What new skills would you like to gain? Who is going to help you along the way? Setting measurable goals will help guide you through positive 4-H project learning experiences.

WHAT IS A GOAL?

A GOAL is . . . Deciding what you want do and learn in a 4-H project.

A road map. It helps you get where you want to go.

Your goals should have three parts that will allow you to measure and check your progress. The three parts of a good goal, include:

- **1. ACTION** How are you going to do something.
- 2. RESULT What are you going to do. Be specific!
- **3. TIMETABLE** When are you going to do it.

This worksheet is designed to help you set your 4-H project goals. Below are some examples of well-written goals:

Action	Result	Timetable	Who Will Help Me
I want to learn	about my bucket calf's nutritional needs before county weigh-in.		Dad
I want to make	three nutritious snacks for the nursing home residents	by our June club meet- ing.	my project leader
I want to learn	about the aerodynamics of my rocket	before the spring launch.	Mom
I want to lead	a horse project meeting	by February.	my extension agent
I want to keep	accurate records of my photography project experiences and expenses	monthly.	my project leader & parents

CONTROL TEST: Do your goals pass the control test? Do you have control over all parts of what happens? If you can answer "yes," then you are ready to begin record keeping. For example, "I want to win grand champion with my cookies at the county fair," does not pass the control test. A 4-H member doesn't have control over ribbon placing.

Now it is your turn. Practice writing three goals that you would like to accomplish this 4-H year. If you need help, ask an adult to assist.

Action	Result	Timetable	Who Will Help Me
I want to			
I want to			
I want to			

Time to begin. In the spaces provided on the next page, set your goals for each project you are enrolled in this year. Attach additional pages as necessary.

Please keep in mind that younger 4-H members will have fewer, less complex goals than older, more advanced 4-H members. A good rule of thumb is three to five goals per project for ages 7 to 10, four to eight goals per project for ages 11 to 13, and seven to 12 goals per project for ages 14 to 18.

PROJECT:		4-H Member Age:	Years in Project:	
	Action, Timetable, Result		Who Will Help Me	
Goal #1				
Goal #2				
Goal #3				
Goal #4				
Goal #5				
PROJECT:			Years in Project:	
	Action, Timetable, Result		Who Will Help Me	
Goal #1				
Goal #2				
Goal #3				
Goal #4				
Goal #5				
PROJECT:			Years in Project:	
	Action, Timetable, Result		Who Will Help Me	
Goal #1				
Goal #2				
Goal #3				
Goal #4				
Goal #5				
PROJECT:		4-H Member Age:	Years in Project:	
	Action, Timetable, Result		Who Will Help Me	
Goal #1				
Goal #2				
Goal #3				
Goal #4				
Goal #5				
Vancas Stat	e University Agricultural Experiment Station	and Consenting Futureion Comics		

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October 2018

4H1100



THIS IS A FREE EVENT!

Costume contest with prizes, 1 mile run/walk, concessions, and more!

ROCK SPRINGS