



How can you participate in National 4-H Week?

- Get a yard sign at your September 4-H Club meeting or the Extension Office and proudly display it in your yard
- Tuesday - Look for 4-H trivia on Instagram (geco4h) and Facebook (Geary County K-State Research and Extension)
- Wednesday - Proudly wear a 4-H shirt for 4-H Spirit Day
- Thursday - Post a “Throwback Thursday” picture of past 4-H memories on social media, make sure to tag gec04h
- Send a thank you note to a 4-H volunteer or someone else who has inspired you in 4-H
- Think of your own way to help others learn about 4-H

